



Faith Ministries Ebenezer Trust
A HELPING HAND

MEDICAL MISSIONS

PRISONS MINISTRY

SOCIAL RESPONSIBILITY

Covid-19 IPC Training Household Cleaning and Disinfection

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Introduction

Personal and household hygiene is very key in IPC

Frequent cleaning and disinfecting your home is essential,

Coronavirus can make its way into our homes through unlikely pathways,

When we are outside our homes we come into contact with a lot of germs as we travel in buses, drive our cars and touch different surfaces,

Definition of Terms

Cleaning---removal of dirt, impurities and germs from surfaces but does not necessarily kill germs,

Sanitizing--- lowers the number of germs on surfaces or objects,

Disinfection--- using chemicals to kill germs on surfaces or objects,

Cleaning  Sanitize  Disinfect

Cleaning

Cleaning is the first step of a complete process, and cannot be skipped.

Cleaning followed by disinfection is the best practice for prevention of Covid 19.

Always clean surfaces such as floors, windows, tables, bathrooms and toilets with soap and a detergent such as Handy Andy if available.

Always use a clean cloth and or mop for cleaning.

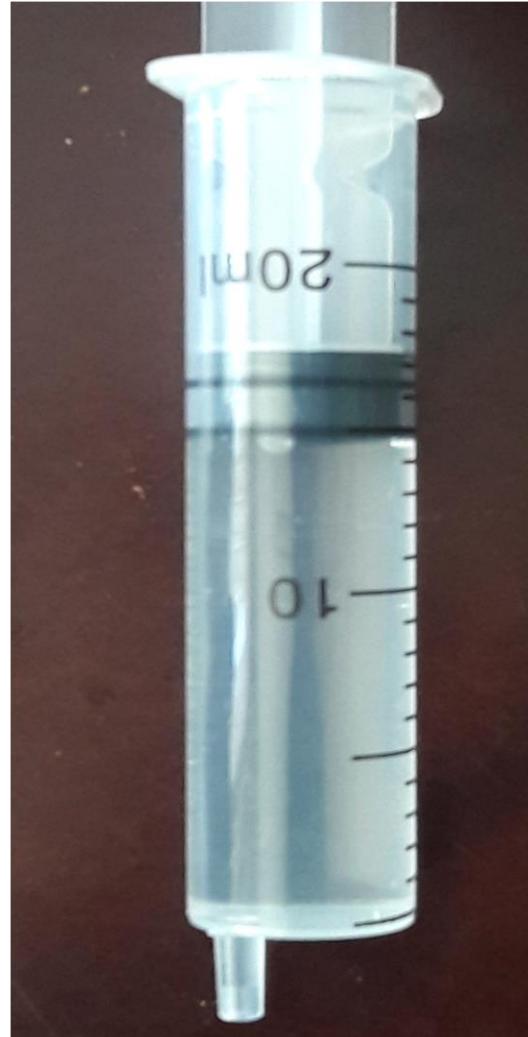
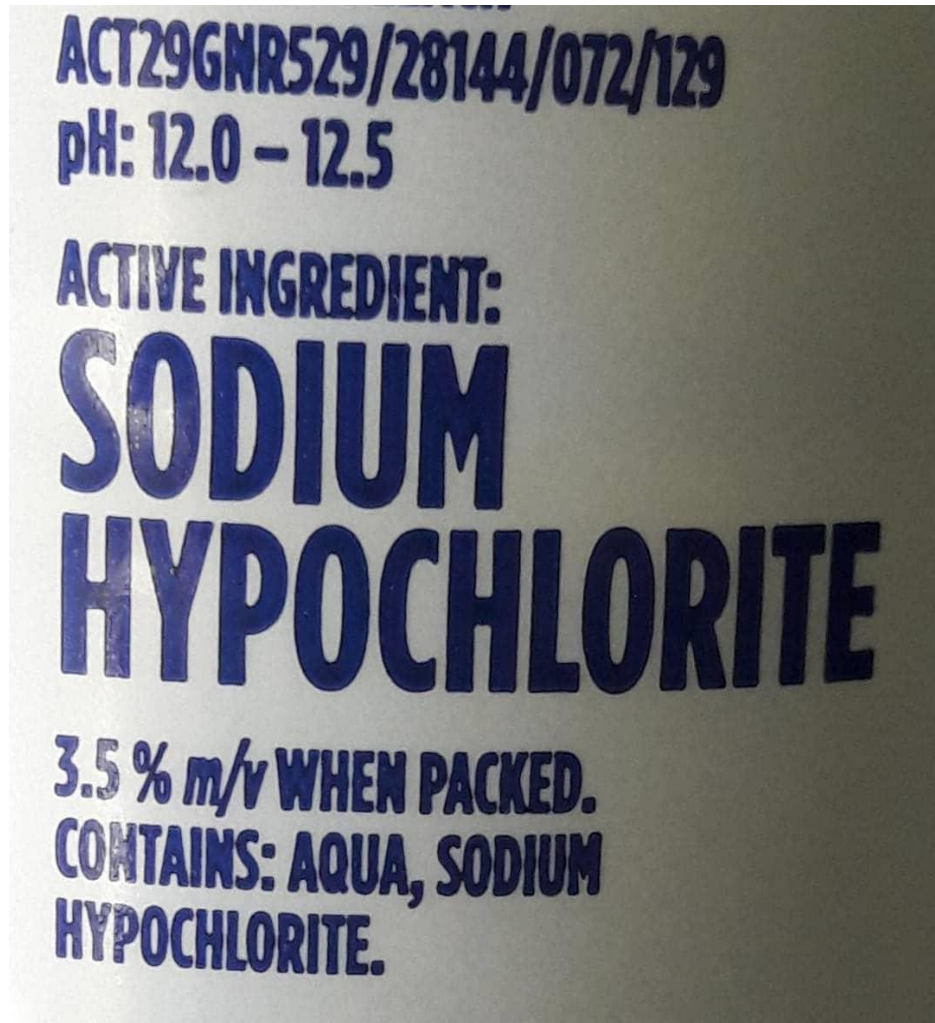


What Disinfectant to Use?

Ordinary JIK, which is readily available, and affordable...



Preparing Home Your Disinfectant



To make 0.1%
hypochlorite from JIK
(from 3.5%
Concentrate.)

*(Assume we need
500mls of disinfectant
0.1%;)*

★ $(0.1/3.5) \times 500\text{ml}$
=14mls

☞ Take 14mls JIK top up
water to 500mls

Disinfection

Disinfect ALL high touch surfaces and areas daily,

High touch surface areas include door handles, light switches ,fridge handles, remote control, toilet and bathroom

Use a proper and recommended disinfectant like Sodium hypochlorite for disinfection

0.1% sodium hypochlorite is ideal for disinfection of households in the context of COVID-19



KEY TIMES to Clean and Disinfect Your Home

✓ Daily

This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.

✓ If someone in the home is sick

If someone in the home is sick, after they touch additional surfaces that someone else in the home may touch, like bathroom surfaces, utensils, light switches, etc.



Keep cleaning supplies out of the reach of children.

Clean: Use soap and water to clean dirty surfaces, prior to disinfection.
Then, disinfect: apply disinfectant to surface, most of the common EPA registered household disinfectants work.



cdc.gov/coronavirus

Caring for a sick person in the home

Take extra precautions to clean and disinfect the house,

Disinfect surfaces frequently and when necessary,

Avoid sharing utensils if possible,

Clean **and** disinfect utensils after use,

Keep the house and any shared space well ventilated with good airflow,

Thank You

